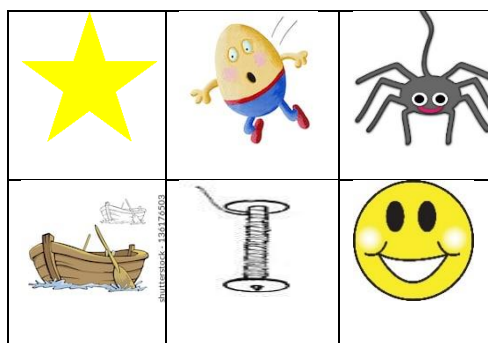


Choosing Boards



Nursery Rhymes

- Choice can be incorporated into just about **every activity**. Offer choices rather than just handing the child what they need or anticipating what they want.
- Create as **many opportunities** to make choices and communicate across the day.

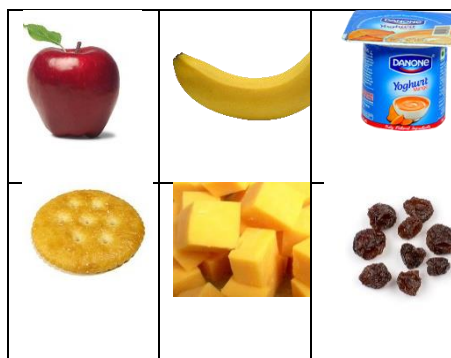
How to use a choice Board:

1. **Start off with just two choices:** one option you know the child will want, and one they definitely will not want- this makes it easier for you to see if they understand the pictures correctly.
2. **Hold the choice board** out to the child and **point** to each picture and **label** this for them. You may need show them the matching items e.g. hold out the banana when pointing to the banana picture. If the picture the child has chosen does not match what they want, offer the objects and see which they reach for.
3. **Encourage the child to make a choice** by pointing to the matching picture of what they would like.
4. When they make their choice, reinforce it by saying the word and **giving them the item they want**.
5. You can gradually increase the number of choices available to the child, if they appear to be coping well with the options on the board.
6. You can start to leave a pause of around 5 seconds- this will encourage the child to say the word or make a noise to ask for what they want.

Toys



Food





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