

## People Play



### People Play

No toys are required for people play; make sure you are in a safe relaxed environment with your child. The aim is to make you (and your activity) the most exciting thing in the room, so your child cannot resist engaging and focusing on you. These games are predictable and the fact that you repeat the activity means your child is learning what is happening next and may look to you or communicate in some way that they would like you to repeat the activity again.

These games work because they can be repeated; this repetition will help your child to learn.

- Make the song and actions **lively and animated** is important because it will help to keep the child's interest
- **Pause and wait** for the child to indicate that they want you to keep going – they might do this with a movement, a look, a smile or a sound.

### Ideas

#### Play games like

- "I'm coming to get you...."
- "1...2...3...(pause) tickle..."
- "Ready, steady (pause) go....."
- Peek a boo, hiding your face, pausing, and suddenly appearing
- Bouncing your child on your lap or play swinging / rocking games on the floor

### Sing songs

Songs such as:

- Round and round the garden.
- This little piggy went to market.
- Zoom zoom zoom we're going to the moon
- Row Row the Boat (pause in the second verse before the crocodile comes)
- Your child's favourite song; pause and wait for them to communicate they want you to continue